

Are you pregnant or thinking of becoming pregnant?
Are you the parent or guardian of an infant, toddler or preschooler?
Are you an early childhood health, development or early learning professional?

NJ Parent Link

The Early Childhood, Parenting
& Professional Resource Center

Your Information Source for:

Health & Wellness

Ages & Stages

Child Care & Preschool

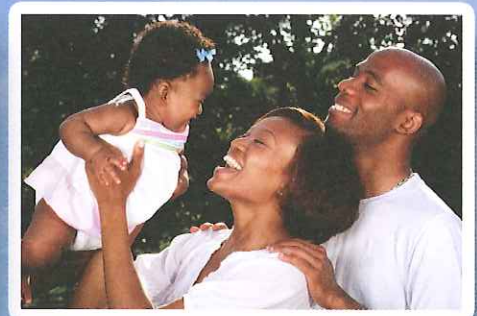
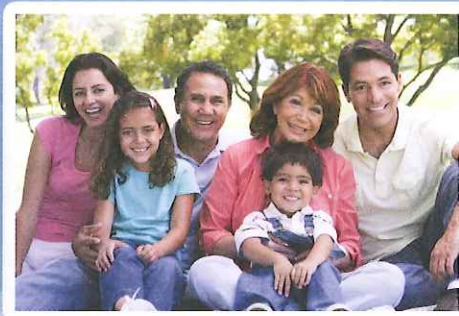
Family Support Services

Parenting & Early Learning

Career & Family Transitions

Advocacy & Leadership

Professional Resources



www.njparentlink.nj.gov

NJ Parent Link:
Linking Parents & Professionals to New Jersey's
Early Childhood Services and Resources





HEALTH & WELLNESS

- » Before, During & After Pregnancy
- » Breastfeeding Support
- » Infant/Child Health & Safety
- » Family Health & Nutrition
- » Infants & Children with Special Needs
- » In Case of Emergency

DEVELOPMENTAL & BEHAVIORAL HEALTH

- » Infants, Toddlers & Preschoolers
 - » Ages & Stages
 - » Challenging Behaviors & Parent Concerns
- » Older Siblings
- » Moms and Dads

PARENTING & EARLY LEARNING

- » Parenting 101
- » A Parent is a Child's 1st Teacher
- » Family Fun

CAREER & FAMILY TRANSITIONS

- » Maternity Leave
- » Child Care & Family Leave
- » Back to Work/Staying at Home

CHILD CARE & PRESCHOOL

- » Child Care & Preschool Choices
- » Special Needs in Child Care
- » Child Care Licensing

FAMILY SUPPORT SERVICES

- » Food Assistance
- » Income & Mortgage Assistance
- » Affordable & Temporary Housing
- » Unemployment & Disability Benefits
- » No Cost/Low Cost Medical Insurance
- » Child Support & Child Care Assistance
- » Special Situations



CURRENT HAPPENINGS

- [Announcements](#)
- [Community Calendar](#)
- [In the News](#)
- [E-Alert Subscriptions](#)

HIGHLIGHTS

- [Autumn Activities](#)
- [Surveys & Shout Outs](#)

FAMILY FORUM

- [Parent to Parent](#)
- [Children's Art Gallery](#)
- [Stress Busters](#)
- [Questions & Suggestions](#)

PARENT & PROFESSIONAL DEVELOPMENT

- [Early Childhood Career Opportunities](#)
- [Parent Advocacy/Leadership Opportunities](#)
- [Professional Resources & Continuing Education](#)

VIDEOS



Welcome to **NJ Parent Link**
01:02

Bienvenido a **NJ Parent Link**
01:03



Friends of **NJ Parent Link**
06:48

EN ESPAÑOL

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SPECIAL NOTE

[A Message Regarding External Links to Federal, National & Community Resources](#)