



# MAY 2019

# OAKLAND

Manito Elementary School



## MONDAY



## TUESDAY



Locally Grown Blueberries

## WEDNESDAY

1

- **Wild Wings Wednesday** Boneless Chicken Wings w/ Assorted Sauces & a Roll
- Baked Macaroni & Cheese
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

## THURSDAY

2

- Personal Pizza
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

## FRIDAY

3

- Asian Chicken w/ Jeweled Brown Rice & a Fortune Cookie
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

6

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10

- Cheeseburger Sliders on Buns w/ Emoji Potatoes
- Chicken & Waffles
- Ham & American Cheese on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken & Mandarin Oranges Over Romaine Lettuce w/ Asian Dressing & Crispy Noodles
- **New Bento Box** - Paris Café - Assorted Fruits & Cheese w/ a Croissant

- Uncle Louie's Pizza
- Baked Chicken Nuggets w/ a Roll
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Paris Café - Assorted Fruits & Cheese w/ a Croissant

- Meatballs w/ Garlic Bread
- Baked Chicken Nuggets w/ a Roll
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **NEW Bento Box** - Paris Café - Assorted Fruits & Cheese w/ a Croissant

- Chicken Bowl: Chicken over Mashed Potatoes & Corn topped w/ Gravy & Cheddar Cheese w/ a Roll
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Paris Café - Assorted Fruits & Cheeses w/ a Croissant

- Nachos Grande: Turkey Taco Meat, Cheese & Tortilla Chips w/ Rice
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Paris Café - Assorted Fruits & Cheeses w/ a Croissant

**National Teacher Appreciation Week**

13

14

15

16

17

- Herb Roasted Chicken w/ Mashed Potatoes & a Roll
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken Caesar Salad w/ Crispy Romaine, Shaved Parmesan Cheese, Homemade Croutons/Roll
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- Uncle Louie's Pizza
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- **Wild Wings Wednesday** Boneless Chicken Wings w/ Assorted Sauces & a Roll
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- French Toast Sticks w/ Sausage
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- All-Natural Turkey on a Kaiser Roll
- Baked Chicken Nuggets w/ a Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20	21	22	23	24
<ul style="list-style-type: none"> <li>Baked Ziti w/ Garlic Bread</li> <li>Chicken Patty on a Bun</li> <li>Italian Hero</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li>Chicken &amp; Mandarin Oranges Over Romaine Lettuce w/ Asian Dressing &amp; Crispy Noodles</li> <li><b>New Bento Box</b> – Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Uncle Louie’s Pizza</li> <li>Chicken Patty on a Bun</li> <li>Italian Hero</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; a Dinner Roll</li> <li>Big Daddy’s Pizza</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li><b>New Bento Box</b> – Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Waffle Sticks w/ Sausage Links &amp; Applesauce</li> <li>Chicken Patty on a Bun</li> <li>Italian Hero</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; a Roll</li> <li>Big Daddy’s Pizza</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li><b>New Bento Box</b> – Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Personal Pizza</li> <li>Italian Hero</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; Roll</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li>Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce &amp; Ranch Dressing</li> <li><b>New Bento Box</b> - Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots</li> </ul>	<p>HALF DAY</p> <p>NO LUNCH SERVED</p>

MEMORIAL DAY				
	27	28	29	30
	<ul style="list-style-type: none"> <li>Uncle Louie’s Pizza</li> <li>Mozzarella Sticks w/ Marinara Sauce</li> <li>Ham w/ Shredded Lettuce on a Kaiser Roll</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; a Roll</li> <li>Big Daddy’s Pizza</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li><b>New “Dogwood Bento Box”</b>– Ham, Turkey &amp; Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket</li> </ul>	<ul style="list-style-type: none"> <li><b>Wild Wings Wednesday</b> Boneless Chicken Wings w/ Assorted Sauces &amp; a Roll</li> <li>Mozzarella Sticks w/ Marinara Sauce</li> <li>Ham w/ Shredded Lettuce on a Kaiser Roll</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; a Roll</li> <li>Big Daddy’s Pizza</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li><b>New “Dogwood Bento Box”</b>– Ham, Turkey &amp; Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket</li> </ul>	<ul style="list-style-type: none"> <li>Pancakes w/ Sausage</li> <li>Ham w/ Shredded Lettuce on a Kaiser Roll</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; Roll</li> <li>Big Daddy’s Pizza</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li>Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce &amp; Ranch Dressing</li> <li><b>New “Dogwood Bento Box”</b>– Ham, Turkey &amp; Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket</li> </ul>	<ul style="list-style-type: none"> <li>Tangerine Chicken w/ Jeweled Brown Rice &amp; a Fortune Cookie</li> <li>Ham w/ Shredded Lettuce on a Kaiser Roll</li> <li>Crispy Tossed Greens w/ Grilled Chicken &amp; a Roll</li> <li>Big Daddy’s Pizza</li> <li>Yogurt Lunch</li> <li>Bagel Lunch</li> <li>All White Meat Chicken Tenders w/ Dipping Sauce &amp; a Roll</li> <li><b>New “Dogwood Bento Box”</b>– Ham, Turkey &amp; Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket</li> </ul>

**Yogurt Lunch:** 4oz. Yogurt, Cheese Stick, Pretzels, a trip to The Farm Stand & Milk.

**Bagel Lunch:** Bagel w/ Cream Cheese, Cheese Stick, a trip to The Farm Stand & Milk

**A Complete Meal Includes:**  
 Entrée w/ Protein/Grain  
**Fresh Seasonal Fruits & Vegetables**  
 Choice of Hormone-Free Milk  
**Lunch Price**  
 Traditional - \$2.80  
 Village Fresh - \$4.00

**Questions?** Please contact the Food Service Director, Gloria Phythian at [foodservice@oaklandschoolsnj.org](mailto:foodservice@oaklandschoolsnj.org) 201-337-3907  
**Allergy Questions?** Please contact Registered Dietitian, Toni Bowman, RDN, at 973-870-0100 x303 or [dietitian@pomptonian.com](mailto:dietitian@pomptonian.com)



**Unlimited Fruits & Vegetables from The Farm Stand are included with lunch.**

**Milk and Juice Order Form — K-3 ONLY**  
 Student Name \_\_\_\_\_ Date \_\_\_\_\_  
 Grade \_\_\_\_\_ Teacher \_\_\_\_\_  
 Please check choice below and return form to school with check payable to Oakland Board of Education  
 Drink Money for MAY 22 days  
 Milk @ \$.65 = \$14.30      Orange Juice @ \$.85 = \$18.70  
 1% Milk       Skim Milk       Orange Juice  
 Non-Fat Chocolate Milk       Non-Fat Strawberry Milk

**COMPUTERIZED REGISTER SYSTEM AND MEAL PAYMENT OPTIONS:**  
 Prepay with cash or by check made payable to the Oakland Board of Education (please include your child’s name and grade on the envelope). Prepay online through the Parent Portal at [www.oaklandschoolsnj.org](http://www.oaklandschoolsnj.org). Simply select Food Services and click on Online Payment. Please note there is a \$2.00 transaction fee for online.