



# APRIL 2019

# OAKLAND Manito Elementary School



## MONDAY

1

- Herb Roasted Chicken w/ Mashed Potatoes & a Roll
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken Caesar Salad w/ Crispy Romaine, Shaved Parmesan Cheese, Homemade Croutons/Roll
- **New Bento Box** Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

## TUESDAY

2

- Uncle Louie's Pizza
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

## WEDNESDAY

3

- **Wild Wings Wednesday** Boneless Chicken Wings w/ Assorted Sauces & a Roll
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

## THURSDAY

4

- French Toast Sticks w/ Sausage
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

## FRIDAY

5

- All-Natural Turkey on a Kaiser Roll
- Baked Chicken Nuggets w/ a Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

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# Spring Break - Schools Closed

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- Nachos Grande: Turkey Taco Meat, Cheese & Tortilla Chips
- Mozzarella Sticks w/ Marinara Sauce
- Ham & Shredded Lettuce on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken Caesar Salad w/ Crispy Romaine, Shaved Parmesan Cheese, Homemade Croutons/Roll
- **New "Dogwood Bento Box"** - Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket

- Uncle Louie's Pizza
- Mozzarella Sticks w/ Marinara Sauce
- Ham w/ Shredded Lettuce on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New "Dogwood Bento Box"** - Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket

- **Wild Wings Wednesday** Boneless Chicken Wings w/ Assorted Sauces & a Roll
- Mozzarella Sticks w/ Marinara Sauce
- Ham w/ Shredded Lettuce on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New "Dogwood Bento Box"** - Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket

- Pancakes w/ Sausage
- Ham w/ Shredded Lettuce on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New "Dogwood Bento Box"** - Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket

# Good Friday

22

23

24

25

26

- Grilled 3 Cheese Texas Toast Sandwich w/ Tomato Soup
- Popcorn Chicken w/ Dip & a Roll
- All-Natural Turkey & Cheese on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken Caesar Salad w/ Crispy Romaine, Shaved Parmesan Cheese, Homemade Croutons/Roll
- **New Bento Box** - Smoothie Lunch - Strawberry Smoothie, Cucumber Coins, Fresh Fruit & a Muffin

- Uncle Louie's Pizza
- Popcorn Chicken w/ Dip & a Roll
- All-Natural Turkey & Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Smoothie Lunch - Strawberry Smoothie, Cucumber Coins, Fresh Fruit & a Muffin

- Pasta & Meatballs w/ Garlic Toast
- Popcorn Chicken w/ Dip & a Roll
- All-Natural Turkey & Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Smoothie Lunch - Strawberry Smoothie, Cucumber Coins, Fresh Fruit & a Muffin

- Pepperoni & Cheese Stromboli
- All-Natural Turkey & Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Smoothie Lunch - Strawberry Smoothie, Cucumber Coins, Fresh Fruit & a Muffin

- All Beef Hot Dog on a Bun
- All-Natural Turkey & Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Smoothie Lunch - Strawberry Smoothie, Cucumber Coins, Fresh Fruit & a Muffin

## MONDAY

29

- Taco Monday - 2 Tacos, Fiesta Rice, Lettuce & Cheese
- Baked Macaroni & Cheese
- Italian Hero
- Yogurt Lunch
- Bagel Lunch
- Chicken Caesar Salad w/ Crispy Romaine, Shaved Parmesan Cheese, Homemade Croutons/Roll
- **New Bento Box** – Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

## TUESDAY

30

- Uncle Louie's Pizza
- Baked Macaroni & Cheese
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

## WEDNESDAY

## THURSDAY

## FRIDAY



Locally Grown  
Orange Carrots



Locally Grown  
Cameo Apples

**Yogurt Lunch:** 4oz. Yogurt, Cheese Stick, Pretzels, a trip to The Farm Stand & Milk.

**Bagel Lunch:** Bagel w/ Cream Cheese, Cheese Stick, a trip to The Farm Stand & Milk

### A Complete Meal Includes:

Entrée w/ Protein/Grain

### Fresh Seasonal Fruits & Vegetables

Choice of Hormone-Free Milk

### Lunch Price

Traditional - \$2.80



Village Fresh - \$4.00

**Questions?** Please contact the Food Service Director,  
Gloria Phythian at

[foodservice@oaklandschoolsnj.org](mailto:foodservice@oaklandschoolsnj.org)

201-337-3907

**Allergy Questions?** Please contact Registered Dietitian,  
Toni Bowman, RDN, at 973-870-0100 x303 or

[dietitian@pomptonian.com](mailto:dietitian@pomptonian.com)



**Unlimited Fruits & Vegetables  
from The Farm Stand are  
included with lunch.**

### Milk and Juice Order Form — K-3 ONLY

Student Name \_\_\_\_\_ Date \_\_\_\_\_

Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Please check choice below and return form to school with check  
payable to Oakland Board of Education

Drink Money for 16 days

Milk @ \$.65 = \$10.40

Orange Juice @ \$.85 = \$13.60

- 1% Milk     
  Skim Milk     
  Orange Juice  
 Non-Fat Chocolate Milk     
  Non-Fat Strawberry Milk

### COMPUTERIZED REGISTER SYSTEM AND MEAL PAYMENT OPTIONS:

Prepay with cash or by check made payable to the  
Oakland Board of Education (please include your  
child's name and grade on the envelope). Prepay  
online through the Parent Portal at  
[www.oaklandschoolsnj.org](http://www.oaklandschoolsnj.org). Simply select Food  
Services and click on Online Payment. Please note  
there is a \$2.00 transaction fee for online.