



MAY 2019

OAKLAND Heights Elementary School



MONDAY



TUESDAY



Locally Grown Blueberries

WEDNESDAY

1

- Uncle Louie's Pizza
- Baked Macaroni & Cheese
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

THURSDAY

2

- Personal Pizza
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

FRIDAY

3

- Asian Chicken w/ Jeweled Brown Rice & a Fortune Cookie
- Italian Hero
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Turkey & Cheese Wrap, Orange Wedge, & Celery Sticks

6

7

8

9

10

- Meatballs w/ Garlic Bread
- Chicken & Waffles
- Ham & American Cheese on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken & Mandarin Oranges Over Romaine Lettuce w/ Asian Dressing & Crispy Noodles
- **New Bento Box** - Paris Café - Assorted Fruits & Cheese w/ a Croissant

- Cheeseburger Sliders on Buns w/ Emoji Potatoes
- Baked Chicken Nuggets w/ a Roll
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Paris Café - Assorted Fruits & Cheese w/ a Croissant

- Uncle Louie's Pizza
- Baked Chicken Nuggets w/ a Roll
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Paris Café - Assorted Fruits & Cheese w/ a Croissant

- Chicken Bowl: Chicken over Mashed Potatoes & Corn topped w/ Gravy & Cheddar Cheese w/ a Roll
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Paris Café - Assorted Fruits & Cheeses w/ a Croissant

- Nachos Grande: Turkey Taco Meat, Cheese & Tortilla Chips w/ Rice
- Ham & American Cheese on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Paris Café - Assorted Fruits & Cheeses w/ a Croissant

National Teacher Appreciation Week

13

14

15

16

17

- Boneless Chicken Wings w/ Assorted Sauces & a Roll
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Yogurt Lunch
- Bagel Lunch
- Chicken Caesar Salad w/ Crispy Romaine, Shaved Parmesan Cheese, Homemade Croutons/Roll
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- Herb Roasted Chicken w/ Mashed Potatoes & a Roll
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- Uncle Louie's Pizza
- Baked Macaroni & Cheese
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- French Toast Sticks w/ Sausage
- All-Natural Turkey on a Kaiser Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots

- All-Natural Turkey on a Kaiser Roll
- Baked Chicken Nuggets w/ a Roll
- Crispy Tossed Greens w/ Grilled Chicken & a Roll
- Big Daddy's Pizza
- Yogurt Lunch
- Bagel Lunch
- All White Meat Chicken Tenders w/ Dipping Sauce & a Roll
- **New Bento Box** - Ham & Cheese Pinwheels w/ Grapes & Baby Carrots



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20	21	22	23	24
<ul style="list-style-type: none"> Waffle Sticks w/ Sausage Links & Applesauce Chicken Patty on a Bun Italian Hero Yogurt Lunch Bagel Lunch Chicken & Mandarin Oranges Over Romaine Lettuce w/ Asian Dressing & Crispy Noodles New Bento Box – Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots 	<ul style="list-style-type: none"> Baked Ziti w/ Garlic Bread Chicken Patty on a Bun Italian Hero Crispy Tossed Greens w/ Grilled Chicken & a Dinner Roll Big Daddy's Pizza Yogurt Lunch Bagel Lunch New Bento Box – Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots 	<ul style="list-style-type: none"> Uncle Louie's Pizza Chicken Patty on a Bun Italian Hero Crispy Tossed Greens w/ Grilled Chicken & a Roll Big Daddy's Pizza Yogurt Lunch Bagel Lunch New Bento Box – Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots 	<ul style="list-style-type: none"> Personal Pizza Italian Hero Crispy Tossed Greens w/ Grilled Chicken & Roll Yogurt Lunch Bagel Lunch Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing New Bento Box - Build a Pizza - Bagel, Mozzarella Cheese, Marinara Sauce, Grapes, Baby Carrots 	<p>HALF DAY</p> <p>NO LUNCH SERVED</p>

MEMORIAL DAY				
	27	28	29	30
	<ul style="list-style-type: none"> Nachos Grande: Turkey Taco Meat, Cheese & Tortilla Chips Mozzarella Sticks w/ Marinara Sauce Ham w/ Shredded Lettuce on a Kaiser Roll Crispy Tossed Greens w/ Grilled Chicken & a Roll Big Daddy's Pizza Yogurt Lunch Bagel Lunch New "Dogwood Bento Box"– Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket 	<ul style="list-style-type: none"> Uncle Louie's Pizza Mozzarella Sticks w/ Marinara Sauce Ham w/ Shredded Lettuce on a Kaiser Roll Crispy Tossed Greens w/ Grilled Chicken & a Roll Big Daddy's Pizza Yogurt Lunch Bagel Lunch New "Dogwood Bento Box"– Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket 	<ul style="list-style-type: none"> Pancakes w/ Sausage Ham w/ Shredded Lettuce on a Kaiser Roll Crispy Tossed Greens w/ Grilled Chicken & Roll Big Daddy's Pizza Yogurt Lunch Bagel Lunch Breaded Chicken Fillet on a Roll w/ Tomato, Shredded Lettuce & Ranch Dressing New "Dogwood Bento Box"– Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket 	<ul style="list-style-type: none"> Tangerine Chicken w/ Jeweled Brown Rice & a Fortune Cookie Ham w/ Shredded Lettuce on a Kaiser Roll Crispy Tossed Greens w/ Grilled Chicken & a Roll Big Daddy's Pizza Yogurt Lunch Bagel Lunch All White Meat Chicken Tenders w/ Dipping Sauce & a Roll New "Dogwood Bento Box"– Ham, Turkey & Cheese Roll-Ups, Edamame/Corn Salad, Fresh Fruit, Pita Pocket

Yogurt Lunch: 4oz. Yogurt, Cheese Stick, Pretzels, a trip to The Farm Stand & Milk.

Bagel Lunch: Bagel w/ Cream Cheese, Cheese Stick, a trip to The Farm Stand & Milk

A Complete Meal Includes:
 Entrée w/ Protein/Grain
Fresh Seasonal Fruits & Vegetables
 Choice of Hormone-Free Milk
Lunch Price
 Traditional - \$2.80
 Village Fresh - \$4.00

Questions? Please contact the Food Service Director, Gloria Phythian at foodservice@oaklandschoolsnj.org
 201-337-3907
Allergy Questions? Please contact Registered Dietitian, Toni Bowman, RDN, at 973-870-0100 x303 or dietitian@pomptonian.com



Unlimited Fruits & Vegetables from The Farm Stand are included with lunch.

Milk and Juice Order Form — K-3 ONLY
 Student Name _____ Date _____
 Grade _____ Teacher _____
 Please check choice below and return form to school with check payable to Oakland Board of Education
 Drink Money for MAY 22 days
 Milk @ \$.65 = \$14.30 Orange Juice @ \$.85 = \$18.70
 1% Milk Skim Milk Orange Juice
 Non-Fat Chocolate Milk Non-Fat Strawberry Milk

COMPUTERIZED REGISTER SYSTEM AND MEAL PAYMENT OPTIONS:
 Prepay with cash or by check made payable to the Oakland Board of Education (please include your child's name and grade on the envelope). Prepay online through the Parent Portal at www.oaklandschoolsnj.org. Simply select Food Services and click on Online Payment. Please note there is a \$2.00 transaction fee for online.